

Sport BTEC Performance and Exercise

This BTEC Level 3 Diploma in Performance and Exercise is equivalent to two A levels. We follow units in the following: physiology, anatomy psychology, field and laboratory—based fitness testing. Applied research methods, sports coaching for performance, specialised fitness training and sociocultural issue in sport.

WHERE TO NEXT?

The course offers students the opportunity to enter the world of further/higher education or they may opt to enter the world of business through a job or apprenticeship. The course will equip students with the skills to succeed in which ever career pathway they may choose. There are extended opportunities to gain experience in coaching sport in the School and local primary schools which will support your university applications. There are also opportunities, through Reading FC, to study at university on a four year sandwich course— this include a year working of RFC, and employment prospects on successful completion.

We visit Bath University to look at physiological testing and develop an understanding of human physiology in action.

Vocational Level 3

Pearson (Edexcel)

Assessment

Ten units—three units external online exam and seven units by assignment.

